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## THE GRID NOTEBOOK #24

### Groups for Rehabilitation and Inclusive Development

#### *Building Communities of Practice for Rehabilitation and Inclusive Development in the North West Region of Cameroon*

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Newsletter #24 – September 25, 2017

The GRID NOTEBOOK is a biweekly newsletter featuring Events, Announcements, News, Resources, and Opportunities you need to know about if you are interested in Rehabilitation and Inclusive Development in the North West Region of Cameroon.

To view this issue online, please go to <https://nwrcommunityofpractice.wordpress.com/articles-and-documents/>

We are happy to include submissions from people who share a passion for rehabilitation and inclusive development in the North West Region. If you have something to contribute, please send it to Dr. Mbibeh at [mbibeh16@yahoo.com](mailto:mbibeh16@yahoo.com).

### Announcements

**Saving Brains: Round 6.** Do you have a **bold idea to protect and nurture early child development?** *Saving Brains* has a funding opportunity open to applicants in low- and middle-income countries and Canada. *Saving Brains* seeks bold ideas for products, services, and implementation models that protect and nurture early brain development in a sustainable manner. Funding is open to innovative solutions that address the risk factors facing children living in adversity by promoting health and nutrition, providing enrichment and nurturing, and protecting against maltreatment. APPLICATION DEADLINE: October 11, 2017. GRID members who would like to take the lead on a proposal can contact Dr. Mbibeh Louis. The GRID Network has access to many resources that could help support an application. Read more here: <http://www.grandchallenges.ca/funding-opportunities/>

**Advocating against gender based violence:** The GRID Gender and DID group is preparing to commemorate **16 Days of Activism against Gender based Violence**. <http://www.unwomen.org/en/what-we-do/ending-violence-against-women/take-action/16-days-of-activism>. From 25 November, the International Day for the Elimination of Violence against Women, to 10 December, Human Rights Day, the 16 Days of Activism against Gender-Based Violence Campaign is a time to galvanize action to end violence against women and girls around the world. Stay tuned for activities to mark this day in our next edition.

### Events

**5th Global Mental Health Summit** will be 8-9 February 2018 in Johannesburg, South Africa. “The focus of the 5th Global Mental Health Summit, themed **Leaving No One Behind** as per the aspiration of the Sustainable Development Goals (SDGs), aligns the Summit agenda with the SDGs and emphasize that mental health forms a vital component in achieving the SDGs. The aim further is to bring to the forefront the voices of persons with psychosocial and intellectual disabilities and establish their role as key partners in mental health but also in achieving the goals set out in the SDGs.” <http://www.globalmentalhealth.org/5th-global-mental-health-summit-2018-1>

## News

The **2017 International Week of the Deaf** was from the 18<sup>th</sup> to the 24<sup>th</sup> of September. The theme for this year is ‘Full inclusion with sign language’. Several GRID members are involved in activities related to this week. Here are some hastags for the week #FullInclusionWithSignLanguage, #InternationalWeekOfTheDeaf You can read more here: <https://wfdeaf.org/event/international-week-of-the-deaf-2017/>

**Cameroon Baptist Convention Health Services Physiotherapy:** The CBM Pediatric Physiotherapist Maria Regina Mainetti has commended the Physiotherapy services of the CBCHS for great work in this domain. For a full report on her assessment see the CBCHS website.

## Resources

**Medical Subject Headings:** Interested in what words other people are using in your field of study? Get to know MeSH! You might want to get to know the MeSH system and especially, *MeSH on Demand*. This site allows you to put in text, and it will then generate a list of key words, and articles related to them. <https://meshb.nlm.nih.gov/MeSHonDemand> Try it out, let us know what you think.

**Reflecting on three little-big leaps in mental health development in Cameroon.** By GRID member Didier Demassosso. He writes: *“There is no health without mental health, no mental health development without community based actions driven by associations and communities of practices (CoP) involved in mental health in Cameroon.”* Read the full story here: <http://mentalhealthworldwide.com/2017/09/mental-health-human-rights-cameroon-update-cameroon/> **Congratulations, Didier!!**

**A new review article is freely available about how the WHO Mental health Gap Action Programme (mhGAP) is being used in low income countries.** The review identified thirty-three studies that reported 15 training courses and 9 clinical implementations. Although no included studies were about Cameroon, some were from Nigeria. The full citation is: Keynejad RC, Dua T, Barbui C, et al. (2017) WHO Mental Health Gap Action Programme (mhGAP) Intervention Guide: A systematic review of evidence from low and middle-income countries. Evidence-Based Mental Health. Published Online First: 13 September 2017. doi: 10.1136/eb-2017-102750 Download from <http://ebmh.bmj.com/content/early/2017/09/14/eb-2017-102750>

## Opportunities

**Best Initiative for Girls Award:** Plan International Cameroon has launched the **Best Initiative for Girls Award** to promote children’s rights and equality for girls, and to reinforce the visibility of innovative girls’ rights actions to inspire others. You can find out more by contacting Mrs. Anyangwa Sylvia at the Plan Cameroon offices in Bamenda. The deadline for submission of applications has been extended to September 30th, 2017.

This edition of the GRID Notebook was prepared by Lynn Cockburn and Louis Mbibeh, with contributions from several GRID Members. Thanks for reading! Feel free to share it with others.